



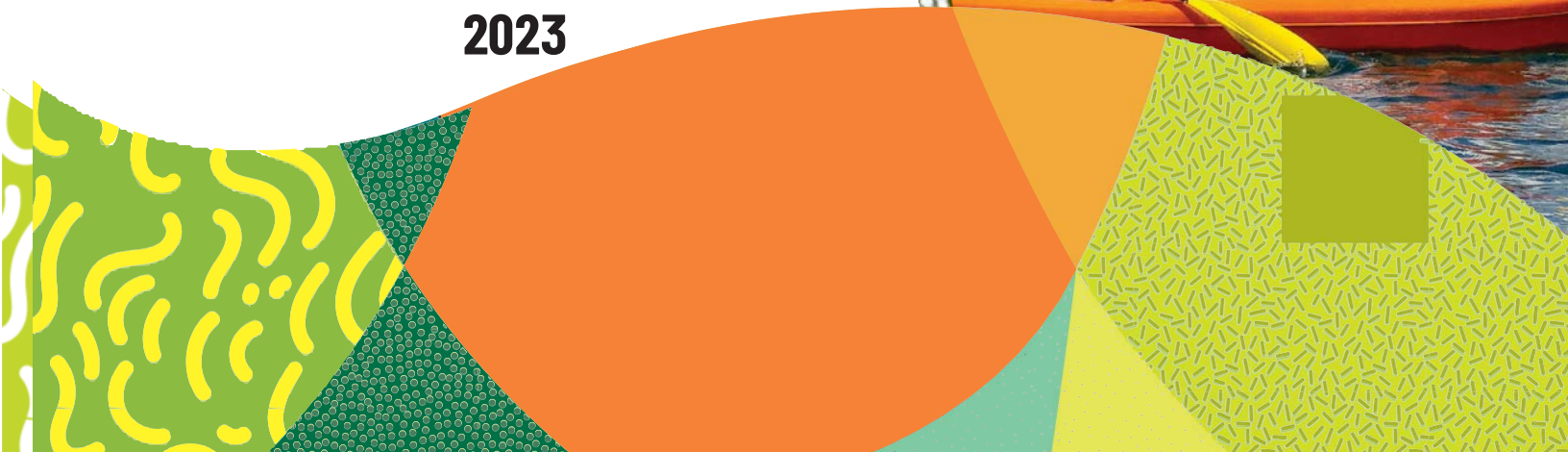
LANGUAGE SCHOOLS

JUNIORS PROGRAM

AT

THE UNIVERSITY OF BRITISH COLUMBIA

WELCOME GUIDE 2023





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ARE YOU READY FOR THE EXPERIENCE OF A LIFETIME?

ILSC's Juniors Programs are an exciting and fun way to learn English and to connect with other students from around the world while getting a taste of the local culture at one of ILSC's unique locations.

This Welcome Guide will help you prepare for your visit, and give you tips and advice for while you're here so that you can get the most out of your experience. We look forward to meeting you!

The use of the University of British Columbia's (UBC's) name in this document is strictly for the purpose of identifying the location at which ILSC Education Group is delivering the program. ILSC Education Group has no affiliation with UBC and UBC is not involved in or responsible for the quality, suitability, delivery or other aspects of ILSC Education Group's 2016 program in any way.

PREPARING FOR YOUR TRIP



BEFORE YOU LEAVE

ILSC CUSTODIANSHIP SERVICES

Any child who is a minor (a child under the age of 18 in Ontario and Quebec and 19 in BC) who wants to study in Canada (without a parent or guardian) and is not a Canadian citizen or a permanent resident, may have a **custodian** an adult appointed to them who will provide the care and support they need while in Canada.

A custodian's responsibilities include:

- Assisting with the student's arrival and departure from Canada
- Providing consent (as required) for academic programs and activities (e.g., field trips)
- Responding 24/7 to emergency situations involving the student
- Assisting in accessing immediate and/or ongoing medical services
- Mediating disputes involving student and or UBC residence staff
- Advising the student's parents of any issues pertaining to the student's social, emotional, physical, or academic wellbeing

To appoint a Custodian, you must select an adult who meets the requirements and can fulfill the custodian responsibilities. This can be a relative or friend that lives near the school and residence or can be an ILSC team member. Once you have determined who you would like as your child's custodian, you must complete and submit a **Custodianship Declaration form**.

The [Custodianship Declaration Forms \(Custodian and Parents/Guardian\)](#) form consists of two pages:

- The first page needs to be signed by the custodian and notarized in Canada.
- The second page needs to be signed by the parents or legal guardians of the minor child and notarized in their home country.

All minor students must provide a notarized declaration, one signed by their parent or legal guardians in the country of origin, as well as one signed by the custodian in Canada, stating that arrangements have been made for the custodian to act in place of parent. The [Custodianship Declaration Forms](#) must be signed and notarized by a lawyer or notary public. The fee for the ILSC custodianship services is \$150 and includes the notarization costs for the declaration form as well as the custodian's services.

UNACCOMPANIED MINORS

An "**Unaccompanied Minor**" is any child between the age of 8-17 years old traveling without a parent or legal guardian.

Most airlines provide an "**Unaccompanied Minor**" program to assist children who are travelling alone from their point of departure to their destination. The unaccompanied minors are escorted by airline personnel until they reach their destination and are released to an ILSC Juniors Program team member. This program is mandatory for children between 8-11 years old and optional for children aged 12-17 years old. The airline charges an additional fee for this program.

Any student who is part of an “**Unaccompanied Minor**” airline program will be met by a designated ILSC Juniors Program team member in the arrivals area where they will present their government-issued identification to the airline personnel who will then release the child to their custody. The ILSC team member that will be picking up your child will be at the airport at least 30 minutes before the flight's scheduled time of arrival and will remain at airport until the student’s flight departs. The fee for ILSC “Unaccompanied Minor” service is \$75 each way.

ILSC ACADEMIC ENGLISH PLACEMENT TEST

A few weeks before you arrive, you will receive an email with a link to our online English Placement test. The test will assess your English reading, writing, grammar and speaking skills and will take about 60-75 minutes to complete.

Technical Requirements:

- Internet connection
- Audio
- Camera and microphone to record videos for the speaking part of the assessment

SUBMIT IMPORTANT DOCUMENTS

Make sure your parent or guardian has submitted the following documents to ILSC:

- 2023/24 Admission Application
- Parental Consent for Release Form
- Authorization for the Self-Administration of Medicine
- ILSC junior Camp Programs Rules and Consequences Policy
- ILSC Junior Camp Programs Student Activity Release and Indemnity
- Balance of program fees (must be received 2 weeks prior to your first day at Juniors Program)





WHAT TO PACK



CHECKLIST OF THINGS TO BRING

IMPORTANT INFORMATION & ITEMS

- Letter of acceptance from ILSC
- This Welcome Guide (*record important information in the back of the guide on page 17*)
- Your passport and travel documents (*leave photocopies of your travel documents with your parent or guardian*)
- Travel health insurance
- Any special medications that you require
- Canadian Dollars or credit cards to purchase snacks or souvenirs

TOILETRIES

- Toothbrush and toothpaste
- Shampoo/conditioner
- Soap
- Sunscreen
- Hairbrush/comb
- Hairdryer (if needed)
- Washcloth
- Feminine hygiene products

SCHOOL SUPPLIES

- Backpack or school bag
- Pens and paper

CLOTHING

- Underwear
- Socks
- Sweatshirts/sweatpants (for cool weather)
- T-shirts
- Shorts
- Jeans/pants
- Rain jacket (suitable for cool or rainy weather)
- Pajamas/sleepwear
- Swimsuit
- Sun hat
- Running shoes
- Casual shoes
- Flip-flops/sandals

MISC.

- Beach towel
- Refillable water bottle
- Regular medications (Acetaminophen or Ibuprofen)

PERSONAL ELECTRONICS

- Camera
- Mobile phone
- Headphones

ONCE YOU ARRIVE



AT THE AIRPORT

If you are coming from an international flight, you will be arriving at the international airport.



LANGUAGE
SCHOOLS
JUNIORS PROGRAM

Welcome

Joon Kim!

All of ILSC's locations are located in major cities, and the airport will be between 20-45 minutes away from the school depending on which city you will be studying in.

When you arrive, there will be an ILSC Juniors Program staff member waiting for you inside the terminal. The person will be waiting for you with a sign with the ILSC logo and your name. This Juniors Program staff will greet you and take you directly to the Totem Park residence at UBC.

If you don't see them right away, don't worry; someone will be there waiting for you. If, after looking carefully, you can't find anyone with a sign with your name on it, go to the information booth and ask to make a phone call to the **Juniors Program at UBC emergency phone number 236-308-2345**, which is always available, 24 hours a day. An ILSC staff member will answer the phone and make sure to connect you with the person picking you up.

SEE PAGE 15 FOR IMPORTANT PHONE NUMBERS AND EMERGENCY INFORMATION

LIFE AT THE RESIDENCE



- » **Capacity:** Approximately 200
- » **Accommodation:** Single and double rooms
- » **Bathrooms:** Large shared bathrooms on each floor featuring showers, sinks and toilets—bathroom amenities are available at a ratio of approximately 1:6 students
- » **Laundry:** Machines located within the residence cost approximately \$2 CAD per wash and \$2 CAD per dry
- » **Internet:** Wireless Internet is available in all common spaces within Totem Park



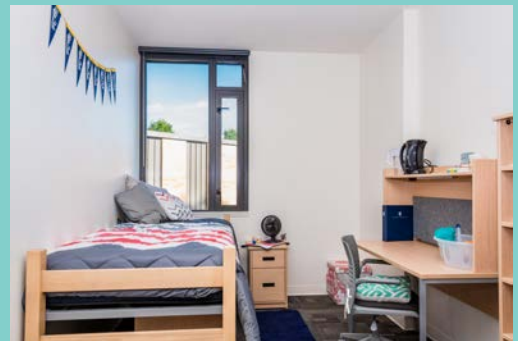
You will be staying at UBC's Totem Park, a quiet section of the UBC campus featuring dormitory buildings, large commons block with common rooms, and a newly remodeled cafeteria.

You will be living in a single or double room. While most of the rooms are for single accommodation, double accommodation rooms are available and typically reserved for our younger students. Boys and girls live in separate sections of the residence. Bed linens are provided and changed weekly; however, you should bring your own towel.

Student Safety and Care: The Juniors Program staff will be living with you in residence and are available 24 hours a day, 7 days a week. In addition to the Juniors Program staff, UBC security staff patrol the residence in the evening for added security.

Meals: You will receive 3 meals a day. These are typically hot meals from the Totem Park cafeteria, served buffet style. On full day excursions (once per week), you will receive a boxed lunch and restaurant dinner.

Additional Facilities: The residence features large common spaces and a kitchen with a fridge and kettles. Totem Park has a large open field space for recreational sports. The campus also features a botanical garden and world class museums. A large outdoor swimming pool is available for you to use at select times throughout the week.





LEARN

All our classes take place on the UBC campus. Classrooms are typically a 5-to-10-minute walk from the residence.

Number of language levels: Our five-level Juniors Program curriculum is designed to meet the diverse needs of our students, to address the range in language skills and abilities, and to challenge each individual student to progress and excel, based on their level.

Number of lessons: 17 lessons, 15 hours per week

Number of students per class: 15 students maximum

Content: Reading, grammar, vocabulary, and writing are taught in dynamic and interesting ways. Speaking and listening are practiced through discussion topics that are interesting and relevant to today's youth.

Certificate: An end of course certificate and Students will receive a progress report a certificate upon completion of the program.



JUNIORS PROGRAM AT UBC DAILY SCHEDULE

TIME	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
8:00-9:00 AM	BREAKFAST						
9:00 AM-12:00 PM	ARRIVALS AND DEPARTURES	CLASSES					WEEKEND OUTING/ACTIVITY (FULL DAY)
12:00 PM-1:00 PM	WEEKEND OUTING/ACTIVITY (AFTERNOON)	LUNCH					
1:00 PM-4:00 PM		SPORTS, ARTS OR LEADERSHIP ACTIVITY (UBC)	OUTING/ACTIVITY (OFF SITE)	SPORTS, ARTS OR LEADERSHIP ACTIVITY (UBC)	OUTING/ACTIVITY (OFF SITE)	SPORTS, ARTS OR LEADERSHIP ACTIVITY (UBC)	
4:00 PM-6:00 PM		FREE TIME	FREE TIME	FREE TIME	FREE TIME		
6:00 PM-7:00 PM	DINNER AND EVENING ACTIVITY	DINNER					
7:00 PM-10:00 PM		EVENING ACTIVITY					
10:00 PM-11:00 PM		QUIET TIME					
11:00 PM		LIGHTS OUT					

**Schedule may vary depending on activity. Students will be informed ahead of time if the schedule varies.*



EXPLORE

Enjoy an activities program that combines afternoon and evening activities on UBC campus and outings and off-campus activities.

Afternoon Activities at UBC: Students can participate in a variety of afternoon activities every Monday, Wednesday, and Friday on the UBC campus. Activities include group sports, games, as well as performing and visual arts activities. Activity options vary from week to week.

Evening Activities at UBC: In the evenings, you will participate in social activities such as scavenger hunts, dance parties, performance nights or team quiz competitions.



SWIMMING POOL



TENNIS COURTS



BASKETBALL COURTS



WALKING TRAILS



STUDENT CAFETERIA

Outings and Off-Campus Activities: Each week, you will take part in half-day and weekend full-day excursions where you will have the opportunity to explore the city and experience the local culture. Activities may include Capilano Suspension Bridge, Playland Amusement Park, Stanley Park and more!*

**Specific trip destinations vary depending on your attendance dates*



The full schedule for the Juniors Program at UBC can be found on our website here:

<https://www.ilsc.com/hubfs/pdf/activities/junior-camp-ubc-activities-calendar.pdf>

IMPORTANT HEALTH AND SAFETY TIPS

To ensure the safety and fun of everyone, it is essential that you understand and follow the following safety regulations. Please use your common sense and do not do what you don't do in your own country!

IN CASE OF ILLNESS OR INJURY

- » Report any illness or injury to your teacher or another staff member.
- » Do not move a person who is injured.
- » Follow the instructions of your teacher/ILSC staff, or medical staff.
- » If there is no teacher or staff member available, call ILSC's emergency phone number or call 911.

YOUR BELONGINGS

- » It is important to pay attention to your belongings in and out of school.
- » Do not carry around large amounts of cash, or your passport.
- » Remember to take your backpack off while you're on public transit. This is the polite thing to do for people standing behind you and it will also keep your belongings safe.
- » When you are walking around keep your phone and other belongings in your bag, don't carry them in your hand.

TALKING TO STRANGERS

- » In general, people are friendly, and it is safe to talk to strangers in public areas; however, if you are not feeling comfortable to talk with someone, you can always say "Excuse me, it is not a good time to talk," then move on.

IF YOU GET LOST

- » Find a staff member at the place you are visiting and ask them to call the Juniors Program Centre Director at **236-308-2345**.
- » DO NOT attempt to make your way back to the UBC residence on your own.

IF THERE IS A FIRE

- » If there is a fire, or you hear a fire alarm, calmly exit the building, and gather in a safe place outside with your classmates and your teacher or activity coordinator.
- » Follow all instructions from your teacher, activity coordinator and/or firefighting staff who can inform you when it is to return to the building, or to leave the area.

IF THERE IS AN EARTHQUAKE

- » If there is an earthquake, hide underneath a desk or a table to protect yourself—DO NOT leave the school!
- » When the earthquake stops, your teacher or activity coordinator will take a head count and will give further instructions.

EXPLORING VANCOUVER

Come and discover Vancouver, a modern, magical city set among lush green mountain forests and beaches lapped by the Pacific Ocean. Enjoy the friendly multicultural atmosphere of Western Canada's largest metropolis, where you can enjoy shopping, museums, and many outdoor adventures. ILSC-Vancouver's campuses are in the city's downtown, close to public transport, banks, restaurants, and shopping options.



TELEPHONE SERVICE

SIM CARD AND DATA PLANS

We use the app **WhatsApp** to communicate with students on their mobile phones.

An international SIM card can lower your roaming and international calling expenses while you are in Canada.

You can use your current mobile phone and by changing the SIM card, you will get a local phone number and data plan!

A SIM card, can cost from \$9-\$19/week or \$35-\$45/month, depending on the plan. For more information, please visit gophonebox.com/plans.

If you would like to purchase a SIM card, please let us know on your first day of class and one of the Junior Program staff will help you.



TELEPHONES/PAY PHONES

- » There are three area codes within Vancouver (604), (236), and (778).
- » You must always dial the area code, along with the number.
- » If you are making a long-distance call, you must always dial 1+ area code + phone number.
- » Pay phones are located throughout the city, and all local pay phone calls are 50 cents, with no time limit (Emergency numbers and 1-800 numbers or 1-888 numbers are free).



MODERN
CLASSROOMS



FREE
WI-FI



STUDENT
LOUNGES



KITCHENS



DOWNTOWN
LOCATION

CONDUCT FOR CLASSROOM ACTIVITIES



LATENESS & ABSENTEEISM

You are expected to be on time to classes. Attendance, punctuality and participation are important parts of learning.

Students who come to class every day, on time:

- » Learn more English!
- » Get the class off to a good start!

Please note: if for any reason you are unable to attend a class or activity, please have your homestay parents notify the school IN ADVANCE with a written notice or phone call.

ENGLISH ONLY POLICY

The English Only environment helps you:

- » Think in English
- » Improve your English faster
- » Learn about other cultures
- » Make friends!

CELL PHONE POLICY

- » Respect your teacher and classmates.
- » Please turn your cell phone off during class times.

LOOKING AFTER YOUR VALUABLES

Always keep your valuables with you: your wallet, bag, cell phone, electronic dictionary etc.

BEING ENVIRONMENTALLY FRIENDLY

We want to help planet earth! So remember the three R's:

- » **Reduce:** Bring your own cup
- » **Recycle:** use the right recycling bins, for beverage bottle and cartons, food scraps (compost) and paper
- » **Reuse:** Bring your lunch in re-usable containers

HAVE FUN

IMPORTANT INFORMATION

ILSC 24-HOUR EMERGENCY NUMBER

You can call the emergency number anytime during your stay if you encounter an emergency. It is important to note that this phone number is only active during the course dates.

ILSC JUNIORS PROGRAM AT UBC EMERGENCY NUMBER 1. 236.308.2345

CITY EMERGENCY NUMBERS

If you encounter a serious emergency, such as a fire, medical emergency, or emergency requiring police, and you cannot find an ILSC staff member, homestay family member, or teacher to help you, you can contact local emergency services by dialing **911**.

YOUR HEALTH INSURANCE DETAILS

NAME OF HEALTH INSURANCE PROVIDER: _____

YOUR POLICY NUMBER: _____

EMERGENCY CONTACT NUMBERS: _____

EMERGENCY CONTACT IN YOUR HOME COUNTRY

NAME: _____

RELATIONSHIP: _____

PHONE NUMBER: _____

EMAIL ADDRESS: _____

YOUR PASSPORT INFORMATION

NAME: _____

DATE OF ISSUE: _____

CITY/COUNTRY OF ISSUE: _____

PASSPORT NUMBER: _____

IMPORTANT NOTES

OUR TEACHING PHILOSOPHY



Learning works better when it is student-centred.

We combine a set curriculum with the flexibility to accommodate each student's special interests and learning needs. You'll be motivated to learn about things that personally interest you.

Learning works faster when it's combined with everyday experiences.

Immersion learning through role-playing, field trips, and group learning activities helps you learn the language more quickly.

People learn best when they are confident, at ease and happy.

At ILSC, you'll be part of a community of staff teachers, and fellow students who will support your success on a fantastic learning adventure.

CONNECT WITH THE ILSC COMMUNITY **#MYILSC**



FREQUENTLY ASKED QUESTIONS (FAQ)

WHO WILL I BE LIVING WITH AT THE RESIDENCE?

While each residence is different, most have double rooms, which means that students can enjoy the Juniors Program experience with a roommate! We typically pair students who are similar in age but from different countries so that they can not only make new friends but can practice speaking English with their roommate. We will try to honour any special rooming requests that were made at the time of registration i.e., students who are travelling with friends who requested to share a room or siblings who want to stay together, if we have the space and availability. Students are separated by gender and will either live on separate floors but, depending on the residence layout, or on the same floor but in different sections. Our Juniors Program staff are separated by gender as well and live on the student floors with the students in clearly marked rooms.

WHAT'S INCLUDED IN THE PROGRAM PACKAGE?

The package fee includes 15 hours of lessons per week, on-site afternoon and evening activities, 3 meals per day, airport transfer service, medical insurance and all entry fees and transportation fees for all scheduled trips.

HOW MUCH MONEY SHOULD I BRING?

Students must bring a \$100 cash deposit, which they will give to the Juniors Program team when they arrive at the residence. This deposit will be used to cover the replacement of lost keys or any possible damage to the residence and will be returned to the student at the end of the program, provided no property is lost or damaged. Students should also bring enough money to cover any personal needs, including shopping for personal items and/or souvenirs.

HOW WILL I KNOW WHERE TO GO AND WHAT TO DO?

At the residence, there is a central Juniors Program office where a member of the Juniors Program Management team can be found. This office is a central hub for the Juniors Program where students are welcome and encouraged to visit. Near the office, there will be a large notice board, where class lists, daily and weekly schedules, activity sign-up sheets and program rules are posted.

WHAT WILL IT BE LIKE, ADJUSTING TO A NEW COUNTRY?

The Juniors Program is a great opportunity to explore a new culture, improve your language skills, and meet other students from around the world. When you arrive, you may experience “jet-lag” as your body adjusts to the new time zone, so you may feel tired for the first few days.

Eating new and unfamiliar foods might initially upset your stomach until you adjust to the new food. Don't worry-your body will naturally adjust to these new experiences. It is also a good idea tell the Juniors Program staff how you are feeling so that they can support you.

WHAT SHOULD I DO IF I FEEL HOMESICK?

Feeling homesick is understandable, especially if it is your first time being on your own, away from your home, and/or family. Being in a new country, where everyone speaks a different language, can be a bit of a “culture shock,” and disorienting. The best way to overcome homesickness is to talk about your life, experiences and share your feelings you're your friends and/or a Juniors Program team member. Expressing how you feel, and sharing what you love about your home will make you feel better. Writing in a journal about how you are feeling can also help.

WHY DO I HAVE TO SPEAK ENGLISH ALL THE TIME?

Our English Only policy is in place to help you learn the language faster! Although it might be challenging at first, our Juniors Program team and teachers understand your efforts and frustrations and are there to help you as much as possible. Just keep trying and you will soon see your English will be better than ever!

TIPS FOR LEARNING ENGLISH

- » Always speak in English! The more you practice, the quicker you will learn to speak in English.
- » Spend time talking with other students, your Juniors Program staff, and your teachers. Listening to and speaking with English speakers is the best way to learn.
- » Always carry a dictionary and use it!
- » Make a list of new words and expressions you learn outside of class. Writing things down is a great way to remember them.
- » If you have time, read over your class notes or your list of new vocabulary at the end of each day. Even a quick review on the same day you learn something will triple your retention!