

ACTIVITIES CALENDAR - SESSION 15- April 25th to May 22th

	Week 1 April 25th- May 1st	Week 2 May 2nd - 8th	Week 3 May 9th - 15th	Week 4 May 16th - 22th
Monday	No activity	Heads up	Drama activity	St. Joseph's Oratory
Tuesday	Mont -Royal hiking - TNT	Neck stretching	Cumbia workshop	Biodome
Wednesday	Champions League (on TV)	Belly dance with Besta (beginner level)	Art Activity Workshop	Volleyball in Jeanne Mance
Thursday	Salsa Workshop	Yoga with Katy	Coffee workshop with Sage	Yoga with Katy
Friday	Café Osmo -language exchange (Fr- Eng)	Laser Tag	Visit to Old Port Montreal	Picnic in Parc la Fontaine
Saturday	New York City -TNT	Sugar Shack	Toronto Niagara Falls	Heart of the Township
Sunday	Quebec City -TNT	Spa Day	Toronto Niagara Falls	Heart of the Township

Mont Royal: Climbing Up Mount Royal

Champions League (on TV)

Café OSMO : Meet students, practice your English/French

Salsa workshop : Salsa class for beginners (it will take place in one of the available rooms)

Belly Dance Workshop Besta

Yoga with Katy : Students will help decorate the school for christmas

Laser Tag

Drama activity "Lie to me": Students will tell a story about themselves where they have to lie about three things without getting caught by their peers

Cumbia Workshop

Art activity with Bengisu: You'll take a journey beyond your limitations through the process of creativity and by being a part of a collective production atmosphere

Coffee Workshop: Warm up using the coffee machine in the common area

Visit the Old Port

St. Joseph's Oratory

Biodome

Volleyball in Jeanne Mance

Yoga with Katy : Students will help decorate the school for christmas

Picnic in Parc la Fontaine